

# WALKING FOOTBALL

**The Beautiful Game...**

**but without all that Running Around!**

**Coach led sessions throughout Surrey**



1863 150 YEARS 2013



- Ideal for players over 50 but all ages welcome
- No running or jogging but still great exercise
- Great social activity for all
- Coach led sessions with lots of game time
- Sessions in great facilities across the County

**Contact Paul Cudmore:**

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[www.surreyfa.com/players/walking-football](http://www.surreyfa.com/players/walking-football)  
or search "Surrey FA walking football"



SURREY COUNTY  
FOOTBALL ASSOCIATION

In association with

