

# Coaching Dos and Don'ts



- ✓ DO give all players equal playing time.
- ✓ DO give players the chance to play in different positions.
- ✓ DO praise effort and positive outcomes.
- ✓ DO plan themed training sessions.
- ✓ DO provide your players with as many touches of the ball as possible during training.
- ✓ DO use a variety of coaching styles to convey your messages to the players.
- ✓ DO put individual child development ahead of short-term team gains.



- ✗ DON'T play only your best players!
- ✗ DON'T pigeon-hole players into the same positions!
- ✗ DON'T shout constantly at your players during the match!
- ✗ DON'T turn up at training unprepared and attempt to "wing it"!
- ✗ DON'T have players standing in lines, doing laps of the pitch or press-ups!
- ✗ DON'T keep interrupting play to highlight mistakes!
- ✗ DON'T allow a "win at all costs" mentality to cloud your decisions!